Are you ready for an EMERGENCY?

Be prepared before disaster strikes. Identify hazards. Have a plan. Be ready.

- Create a family emergency plan. Include a designated meeting place and emergency contacts. Write it down and review it regularly with family members.
- Have an emergency kit in your house that can sustain your family for 72 hours – don't forget about pets!
 Keep a separate kit in your vehicle.
- ✓ If possible, tune into local radio stations or news channels for updates. Use non-emergency numbers if you are calling to make a non-urgent report or are seeking information. Reserve the use of emergency numbers to report emergencies.
- Have a plan for those with special health care and medical needs. Ensure essential medical equipment can be backed up by battery power, and you have access to and supply of necessary medications.

If someone is injured or in distress – call 911 and ask for Paramedics.

A friendly safety reminder from your Ambulance Paramedics and Emergency Dispatchers of BC. For more sajety tips visit www.apbc.ca.